

# Scuba at the Y

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**Scuba diving classes** will be offered at the Clifton YM-YWHA in 2010 by scuba instructor Tom Gormley. Class is held on Tuesday nights from 7PM to 11PM (see schedule below). Classes are usually small so you get Tom's personal attention. He has been teaching classes at our Y for 13 years and has certified members and non members who have gone to dive in beautiful places around the world and locally as well. Tom runs safe, fun classes so everyone can have an enjoyable learning experience.

**About Beginner Scuba:** Group beginner scuba classes consist of 5 weeks of training. For 4 consecutive weeks students learn classroom and pool skills at the Clifton Y followed by 2 days of open water diving at a park in Pt Pleasant. Classes at the Y are held on Tuesday nights. 2 hours (7PM to 9PM) are devoted to classroom lessons and 2 hours (9PM to 11PM) are spent doing pool training. After you learn the basic scuba skills you are ready to do the 2 days of training dives. When you complete all training you become a certified diver ready to dive with your buddy. Tom supplies training materials, certification cards, and use of scuba gear. All you need is a bathing suit and a towel. Students with basic swimming skills and good health are encouraged to register. The underwater world is fantastic!

**Cost:** \$380 total. \$190 registration fee, \$190 due at 3rd class.



Tom on the Wreck of the 1867 Creole

**Schedule:** 5 week courses will begin on: April 13, 2010, May 18, 2010, June 29, 2010, August 3, 2010, September 7, 2010, and October 7, 2010.

**Y member discount:** \$30 for scuba class

**Requirements:** Health screening required. Ages 10 thru 18 need parent supervision.

**Tom** is an experienced local diver with 20 years experience. He writes books and articles about diving. He also volunteers for the Pt Pleasant Beach NJ Dive Rescue Team and First Aid Squad as a Rescue Diver and Emergency Medical Technician.

**Registration details:** Call Tom's office at least a week before any class at 973-759-2100 to arrange registration. Visit: [www.safescuba.com](http://www.safescuba.com) or email at [safescuba@gmail.com](mailto:safescuba@gmail.com)