

AQUATICS

SUMMER POOL SCHEDULE Effective June 28, through August 20, 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-9AM Adults Only	6-9AM Adults Only	6-9AM Adults Only	6-9AM Adults Only	6-9AM Adults Only	6-9AM Adults Only
9AM-1PM Adults Only Lessons 9AM-1PM in Lap Lane One	9AM-4PM Camp Only Pool Closed	9AM-4PM Camp Only Pool Closed	9AM-4PM Camp Only Pool Closed	9AM-4PM Camp Only Pool Closed	9AM-4PM Camp Only Pool Closed
1-2:45PM Family Swim & Parties	4-6PM Adults Only & Classes	4-6PM Adults Only & Classes	4-6PM Adults Only & Classes	4-6PM Adults & Classes	4-4:45PM Adults Only
2:45-3:45PM Women Only	6-7:15PM Family Swim	6-9:45PM Family Swim Lane 1 Only; Adults Lane 2, 3, 4	6-7:15PM Family Swim	6-9:45PM Family Swim Lane 1 Only; Adults Lane 2, 3, 4	
3:45-4:45PM Men Only	7:15-8:30PM Men Only		7:15-8:30PM Women Only		
<u>Special Needs Swim</u> 4:45-5:30PM Boys Only 5:30-6:15PM Girls Only <u>Ladies Night Swim</u> 6:30-9:15PM NO CHILDREN	8:30-9:45PM Women Only		8:30-9:45PM Men Only		

Children must be at least 10 years old and achieved a Level Four skill level in order to swim during family swim unattended by an adult.

TRAINING POOL SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-1PM Lessons Only	9AM-4PM Camp	9AM-4PM Camp	9AM-4PM Camp	9AM-4PM Camp	9AM-4PM Camp
1-2:45PM Family Swim	4-6PM Classes	4-6PM Classes	4-6PM Classes	4-6PM Classes	4-4:45PM Family Swim
2:45-3:45PM Women Only	7:15-8:30PM Men Only	6-9:45PM Family Swim	7:15-8:30PM Women Only	6-9:45PM Family Swim	
3:45-4:45PM Men Only	8:30-9:45PM Women Only		8:30-9:45PM Men Only		

THE Y RESERVES THE RIGHT TO ALTER THE POOL SCHEDULE OR CLASSES WHEN NECESSARY. "ADULTS ONLY" INCLUDES MEMBERS 15 YEARS OLD AND OLDER.